

Freeze Dance

Objective: Freeze Dance is a lively and fun game where children dance to music and must freeze in place when the music stops. The goal is to keep dancing until the music stops and to freeze quickly, remaining still until the music starts again.

Setup:

- **Music Player:** Use the fast worship songs on the USB.
- **Space:** Ensure there is a safe, open space for dancing.

Rules:

1. **Starting the Game:** Explain the rules to the children: they must dance while the music plays and freeze in place when the music stops.
2. **Dancing:** Start playing the music. Encourage children to dance freely and creatively.
3. **Freezing:** When the music stops, children must freeze immediately and hold their position. Anyone who moves is out for that round.
4. **Restarting the Music:** Restart the music after a few moments, allowing eliminated players to rejoin after a round or two to keep the game inclusive and fun.
5. **Winning:** The game continues until only one player remains, or you can play multiple rounds to give everyone a chance to win.

Game Flow:

1. **Initial Explanation:** Gather the children and explain the rules clearly.
2. **First Round:** Start the music and let the children dance. Stop the music after a short period, and observe who freezes and who doesn't.
3. **Elimination and Rejoining:** Eliminate any children who move after the music stops. Restart the music and repeat, allowing eliminated players to rejoin after a round or two.
4. **Continue Rounds:** Continue playing rounds until the game naturally concludes or children are ready to move on to another activity.

Variations:

- **Action Freeze:** Instead of simply freezing, call out an action or pose children must strike when the music stops (e.g., "Freeze like a statue," "Freeze like a tree," "Freeze like a superhero").
- **Prop Dance:** Give children props like scarves or ribbons to dance with, adding an extra element of fun.
- **Dance-Off:** During the freeze, have a quick "dance-off" between two players to see who can hold their pose the longest or most creatively.

Tips for Success:

- **Encourage Creativity:** Encourage children to dance freely and expressively.
- **Keep it Light:** Make the game fun and light-hearted, avoiding strict elimination to keep all children engaged and happy.

Musical Chairs

Objective: The goal is to be the last person sitting in a chair when the music stops.

Setup:

- **Chairs:** Arrange chairs in a circle or line with one fewer chair than the number of players.
- **Music Player:** Use the fast worship songs on the USB
- **Space:** Ensure there is a safe, open space around the chairs.

Rules:

1. **Start the Game:** Explain the rules to the children. They must walk around the chairs while the music plays.
2. **Walking: Start the music.** Children walk in a circle around the chairs.
3. **Stopping the Music:** Stop the music randomly. Children must quickly find a chair to sit in.
4. **Elimination:** The child left without a chair is out. Remove one chair.
5. **Continue Playing:** Repeat until only one child remains. The last child sitting wins.

Game Flow:

1. **Explain Rules:** Gather the children and explain the rules.
2. **First Round:** Start the music and let the children walk around the chairs. Stop the music and see who is left without a chair.
3. **Remove Chairs:** Remove one chair after each round and continue playing.
4. **Final Round:** Continue until only one child is left sitting.

Variations:

- **Freeze Dance Chairs:** Have children freeze in place for a moment when the music stops before finding a chair.
- **Challenges:** Allow eliminated players to rejoin by performing a dance move or answering a question.

Tips:

- **Safety First:** Ensure children walk and do not push.