



ADVENTURE KIDS

Snack Time – Knowing Your kids

The purpose of this informational handout is to bring attention to the importance of paying close attention to the room of kids you have specifically for snack time.

The last thing anyone wants in kid-min is to harm someone else's child by feeding them something that is harmful to their body. Additionally, it's a sure sign to mom's that we do not care about their child if we feed them the wrong thing or not at all.

Snack Time

Prior to even bringing out snacks to the children check the IPAD roster for any allergies that may be present in the kids. We do this just in case there is some kids that have allergies. We do not want to tempt them with what they are allergic to. After reviewing the roster you should know who can eat what. This would also be a good time to look at tags to see if parents wrote on the tags about snack. Some parents will write "brought our own snack for Billy". At that point please prepare the food in such a way that you don't create expectation that you can't fulfill. Clearly communicate with the class who get what snack and why. Its could be as easy as stating "these children are getting these snack because their bodies are not supposed to have the other snacks we're all going to enjoy" You will need to provide the kids with allergies their snack first.

Be on the lookout for kids who are wanting to share their snack with the kids that aren't supposed to have the snack.

After that please clean up snack mess and do not forget to place the snack back into the supply room after all the services have ended.